



# Charter of Commitment - School Health and Wellness

Canadian School Boards Association (CSBA)

## **Intent**

The intent of the Charter is to articulate CSBA support for:

- Wellness as an essential element for both students and staff.
- Holistic approaches that address spiritual, emotional, physical, social and intellectual development.
- Strategies that encompass healthy environments, effective policy, and family and community engagement.
- Advocacy for the creating of conditions that foster well-being for all.

## **Vision**

Schools across Canada will provide environments that inherently nurture positive school health and wellness.

## **Principles**

This Charter of Commitment:

- Recognizes that school health and wellness is foundational to the success of the education system.
- Acknowledges that significant effort and expertise exist within the current systems.
- Promotes wellness as a priority for school board governors as they set policy and direction for the future.

## **Goals**

The Canadian School Boards Association, on behalf of member Associations, will collaborate with education partners in Canada to support, endorse and foster the following goals:

*Promote school health and wellness as a priority in the governance, policy and delivery of education:*

- Foster safe, equitable and inclusive environments in schools in policy as critical ingredients towards mental health and well-being.
- Suggest strategies and school environments will be viewed to ensure the conditions necessary for school health and wellness.

*Share and leverage existing strategies in school boards and provinces:*

- Many provinces and school boards have initiatives, resources and services with demonstrated success that should be shared and mobilized.

*Develop a shared understanding of wellness as a central element of education delivery:*

- Continue to share and create awareness of evolving research and methodologies that are demonstrated to contribute to school health and well-being.

*\*The development of this Charter was guided by: Ontario Education Act, Rev 2009, Charter of Rights, Mental Health and Well-Being for children and youth, The Ontario Student Trustees' Association – l'Association des élèves conseillers et conseilleres de l'Ontario, Joint Consortium for School Health, Saskatchewan, Statement for the Integration of Health and Education, Association for Supervision and Curriculum Development.*

**Adopted by the Board of Directors May 1, 2017, Ottawa Ontario**

**Revised by the Board of Directors October 15, 2017, Wendake Quebec**

**Signed by: Floyd Martens, CSBA President**