



Charter of Commitment - School Health and Wellness

Canadian School Boards Association (CSBA)

Intent

The intent of the Charter is to articulate CSBA support for:

- Wellness as an essential element for student achievement
- Holistic approaches that address spiritual, emotional, physical, social and intellectual development.
- Strategies that encompass healthy environments, effective policy, and family and community engagement.
- Advocacy for the creating of conditions that foster well-being for all.

Vision

Schools across Canada will provide environments that inherently nurture positive school health and wellness.

Principles

This Charter of Commitment:

- Recognizes that school health and wellness is foundational to the success of the education system.
- Acknowledges that significant effort and expertise exist within the current systems.
- Promotes wellness as a priority for school board governors as they set policy and direction for the future.

Goals

The Canadian School Boards Association, on behalf of member Associations, will collaborate with education partners in Canada to support, endorse and foster the following goals:

Promote school health and wellness as a priority in the governance, policy and delivery of education:

- Foster safe, equitable and inclusive environments in schools in policy as critical ingredients towards mental health and well-being.
- Suggest strategies and school environments will be viewed to ensure the conditions necessary for school health and wellness.

Share and leverage existing strategies in school boards and provinces:

- Many provinces and school boards have initiatives, resources and services with demonstrated success that should be shared and mobilized.

Develop a shared understanding of wellness as a central element of education delivery:

- Continue to share and create awareness of evolving research and methodologies that are demonstrated to contribute to school health and well-being.

**The development of this Charter was guided by: Ontario Education Act, Rev 2009, Charter of Rights, Mental Health and Well-Being for children and youth, The Ontario Student Trustees' Association – l'Association des élèves conseillers et conseilleres de l'Ontario, Joint Consortium for School Health, Saskatchewan, Statement for the Integration of Health and Education, Association for Supervision and Curriculum Development.*

Adopted by the Board of Directors May 1, 2017, Ottawa Ontario

Revised by the Board of Directors October 15, 2017, Wendake Quebec

Signed by: Floyd Martens, CSBA President